



Events at Salisbury District Hospital to promote World Glaucoma Week (12-18 March 2023)

- **Poster displays and leaflets in the Eye Clinic + Springs restaurant.**

We would like to thank The Stars Appeal at Salisbury District Hospital for generously printing colour materials for our poster displays.

- **Eye Clinic staff will be available periodically in Springs restaurant to give Hospital colleagues and members of the public an opportunity to measure their eye pressures using a machine called an ORA (Ocular Response**

Analyser). This device releases 3 puffs of air onto each eye to measure interocular pressure.

- Glaucoma Support Group on the
29/03/2023 (10.30-12.30)**

**Function Room at Odstock Health &
Fitness Centre.**

Consultant Lead for Glaucoma, Mrs Karinya Lewis, will be speaking about Visual Field Tests and a new Glaucoma app for smartphone users. These support groups are designed to give patients and their families the opportunity to meet with others to discuss tips and strategies for living well with glaucoma.

To book a place, please speak to Eye Clinic Reception Staff or Julia, Eye Clinic Liaison Officer, (ECLO) at sft.eclo@nhs.net OR ring 07857 665630 and leave a voice message with your name and contact details.

What is Glaucoma?

Glaucoma is an asymptomatic disease in the early stages so 1-2 yearly eye checks at the opticians is important for early detection.

People who have an immediate relative with glaucoma are eligible in the UK for free eye checks for glaucoma after the age of 40 years.

There is no cure for glaucoma, but the effects of this eye condition can be slowed down to preserve your vision.

Treatment options include eye drops, laser and surgery.

If using eye drops, they must go in everyday to be effective.

If you suffer with eye problems then there are several organisations who will be able to assist including opticians, and the charities Glaucoma UK, RNIB and Wiltshire Sight.



Glaucoma UK Helpline
01233 64 81 70

helpline@glaucoma.uk

RNIB Sight Loss Advice Service

R N I B

See differently

0303 123 9999
rnib.org.uk/advice



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